Sunday, June 22, 2025

UHA Run for the Diamond

Date and Time: Sunday, June 22 7:00 am - 11:00 am

Address: Elgin Park - Uxbridge

Fundraiser for the Uxbridge Hospital Auxiliary. 5km 10km walks and runs and fun Kids Dash. Elgin Park. Tim ed event, shirt, medal and a small bit to eat included with registration. Support the UHA and there is a draw for a Diamond those 16yrs and older. The UHA is fundraising to purchase a new CT Scanner for the Uxbridge Hos pital. Fun for the entire family. We look forward to seeing you!

UHA Run for the Diamond

Date and Time: Sunday, June 22 8:00 am - 11:00 am

Address: Elgin Park - Uxbridge

The Uxbridge Hospital Auxiliary is fundraising for a new CT scanner for the Uxbridge Hospital, please join us for a 5km Walk/Run 10km Walk/Run and 1km Kids Dash at Elgin Park. Sunday June 22/25 at Elgin Park Uxbr idge Ontario. Registration includes a timed event, shirt, medal, refreshments and a chance to WIN a Diamond(1 6yrs +)

Monday, June 23, 2025

Guided HIKE - Pickering Seaton Trail with Oak Ridges Trail Assocn

Date and Time: Monday, June 23 9:30 am - 11:30 am

Address: 405 Whitevale Rd, Whitevale, ON L0H 1M0

Join the Oak Ridges Trail Association (ORTA) on their guided walks and hikes across the top end of the GTA fr om Palgrave to Ganaraska and beyond. Enjoy fresh air, meet new friends, energize your body all while getting y our steps in! ORTA offers multiple group hikes and walks each week which continue throughout all four seas ons. Our group hikes are available in varying levels of difficulty, speed, distance and terrain. All are led by expe rienced volunteer hike leaders, each certified in hike leader training and first aid.

Click on 'website' to see details of the hikes available to non-members together with hike leader contacts, locati ons, and descriptions of each hike.

Non ORTA members may join a limited number of hikes as a guest, with the permission of the hiker leader and upon signing the required waivers. Visit our website, oakridgestrail.org, to see the FAQ section for more infor mation regarding guest registration.

Whether joining us on a group hike or venturing out on your own or with friends, we hope to see you on the tra il!

JUNE 23 Hike Details:

Slow to moderate pace; 2-2.5 hours; spectacular forested trail; hilly; nice views of Duffin Creek and valley. Ma ximum 20 people.

Hiking poles are recommended.

Afterwards, a picnic in the park at Whitevale. Bring your own sandwich, There will be watermelon.

Meet in Whitevale Village, parking on the south side of Whitevale Road.

DIRECTIONS: Take York Durham Line 30 south of Highway 7 To Whitevale Road, turn left, past the sign for 'local traffic only'. Entrance on the south side before the bridge.

Noel Bain, cell on hike day 647-261-6095

Tuesday, June 24, 2025

Snakes: Scaly and Smooth

Date and Time: Tuesday, June 24 7:00 pm - 8:30 pm

Address: 75 Marietta Street, Uxbridge, ON

June 24, 2025 - Snakes: Scaly and Smooth, with guest speaker James Kamstra @ 7:00 PM Uxbridge Se nior's Centre, 75 Marietta Street, Uxbridge, ON

Snakes are a fascinating, but often they are misunderstood and are needlessly feared. This Talk will highlight so me of the traits that sets them apart from other animals. James will show the different snake types that can be fo und here in Durham and elsewhere in Ontario.

James Kamstra possesses a wide range of Natural History knowledge and is a skilled and entertaining presenter. At our June meeting, James will share some of his knowledge about snakes. For 35 years her has been an ecolo gical consultant conducting environmental impact studies. He has done reptile and amphibian surveys at Georgi an Bay Islands and Thousand Islands National Parks. James was a member of recovery teams for several Endan gered snakes (Blue Racer, Fox Snake, Hognosed Snake). He conducted a detailed population study of endanger ed Butler's Garter Snake near Sarnia. He also wrote COSEWIC status report on the Queen Snake in Canada.

All are welcome to this presentation. Visit <u>www.northdurhamnature.com</u> for information about our outings an d other talks.

Wednesday, June 25, 2025

Guided HIKE - Uxbridge North Walker Woods

Date and Time: Wednesday, June 25 9:15 am - 11:00 am

Address: 3200 Concession Road 6, Uxbridge.

Join the Oak Ridges Trail Association (ORTA) on their guided walks and hikes across the top end of the GTA fr om Palgrave to Ganaraska and beyond. Enjoy fresh air, meet new friends, energize your body all while getting y our steps in! ORTA offers multiple group hikes and walks each week which continue throughout all four seas ons. Our group hikes are available in varying levels of difficulty, speed, distance and terrain. All are led by expe rienced volunteer hike leaders, each certified in hike leader training and first aid.

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Whether joining us on a group hike or venturing out on your own or with friends, we hope to see you on the tra il!

JUNE 25 HIKE DETAILS

ORTA Map 5: 4+ km; 1-1.5 hrs.; slow-moderate pace (3.5-4 km/hr). We will hike the Al Shaw Si de Trail in North Walker Woods.

Meeting Point: Meet at the entrance on the west side of the 6th Concession, 1.5 km south of Durh am Road 21. **3200 Concession Road 6, Uxbridge.**

Parking: There is limited free roadside parking at the trail head. Many more cars can be accommo dated if people park perpendicular to the road. Those of us that have an Uxbridge parking pass or a re Uxbridge residents registered in the parking system can park in the pay lot just south of the trail head.

Arrive at 9:15 a.m. for a 9:30 a.m. start. Non-members must contact the hike leader by 6 p. m. on June 24.

Hike Leader: Karen Graham 289-356-7366 (text or call)

Friday, June 27, 2025

PA Day Camp at UHC!

Date and Time: Friday, June 27 9:00 am - 4:00 pm

Address: 7239 Concession Rd 6

Looking for an exciting way to spend your PA day? Look no further! Our PA Day Camp offers a perfect blend o f fun and learning for kids aged 6-12.

Activities Include:

Creative Arts & Crafts: Unleash your inner artist!

Science Experiments: Discover the wonders of science with hands-on activities.

Outdoor Adventures: Enjoy nature walks, games, and sports.

Team Building Games: Make new friends and learn the value of teamwork.

Dates: March 31st, 2025

June 6th 2025

June 27th 2025

Location: Quaker Hill Schoolhouse on the UHC Grounds

Register now and give your child a day filled with excitement, learning, and new friendships! Spaces are limited , so don't miss out!

See you at camp!

Saturday, June 28, 2025

Guided HIKE - Uxbridge Wilder Forest

Date and Time: Saturday, June 28 8:00 am - 12:00 pm

Address: 2499 Brock Rd, Uxbridge, ON L9P 1R4.

Join the Oak Ridges Trail Association (ORTA) on their guided walks and hikes across the top end of the GTA fr om Palgrave to Ganaraska and beyond. Enjoy fresh air, meet new friends, energize your body all while getting y our steps in! ORTA offers multiple group hikes and walks each week which continue throughout all four seas ons. Our group hikes are available in varying levels of difficulty, speed, distance and terrain. All are led by expe rienced volunteer hike leaders, each certified in hike leader training and first aid.

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mation regarding guest registration.

Whether joining us on a group hike or venturing out on your own or with friends, we hope to see you on the tra il!

JUNE 28 HIKE DETAILS

ORTA Map 5; 14-15 km; moderate pace; some hills and uneven surfaces, rocks and roots underfoot.

Join us for a delightful hike in Uxbridge, as we explore Wilder Forest, Walker Woods, and Glen Major Forest o n a scenic loop starting from Brock Road. We'll pass Concession Road 6, heading east and back, while also ven turing onto several side trails for even more stunning views.

Hiking boots and poles recommended, bring at least 2L of water, snack/lunch (10-20 minute lunch/snack stop), sunscreen and be prepared for the mosquitoes. Hiking duration and distance are adjusted to the weather conditi on.

Amir is leading this hike for the Toronto Bruce Trail and ORTA members and non-members are welcome.

Location (Google Maps): 2499 Brock Rd, Uxbridge, ON L9P 1R4.

We will meet at the East Duffins Headwaters parking lot at the WILDER FOREST trail head. As soon as you g ot off the Brock Road, passing the horse back riding facility, there is a free designated parking lot 70 meters do wn the lane to your right. It includes a sign board for East Duffins Headwaters with a map of the trails. Please d o not park on the lane or in the horse back riding property.

Please arrive at 7:45 AM for <u>8 AM start</u>

Amir Alemohammad <u>647-964-5170</u>

https://calendar.uxbridge.ca